

Ten Ways to Be a "Trash Terminator"



1. **Recycle more!** Find out about all the items you can recycle at 1-800-CLEANUP or www.earth911.org.

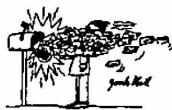
2. **Choose products with minimal packaging and buy in bulk.** Avoid individually-wrapped items.

A jumbo box of cereal uses less packaging than several single serving-sized boxes.



3. **Choose durable, reusable products over single-use, disposable items.** Use cloth napkins instead of paper ones. Get your coffee in a refillable mug. Use canvas bags for shopping.

4. **Reduce junk mail.** Find out how to get your name removed from unwanted mailing lists at www.mass.gov/consumer.



5. **Reuse bags, containers, packaging materials, and other items.** Bags, cardboard boxes, bubble wrap, packing peanuts and padded envelopes can be used many times. Be creative!

6. **Compost.** Recycle leaves, grass, food scraps and paper towels into great garden soil.



7. **Donate unwanted items to charities or have a yard sale.**

8. **Choose items with a recycled-content label.** This saves precious resources and is the key to making recycling work!



9. **Keep toxic home and garden products out of the trash.** Learn about non-toxic alternatives at www.turi.org/community.

10. **Reduce your use of paper.** Use e-mail, get bank statements and newsletters on-line, and use the library.